

The Trail

Dance script courtesy of [Gifts 4 All](#), the The online shopping and gift idea site

Choreographed by Judy McDonald,

Description: 64 count line dance

Music: [Trail of Tears - Best of Billy Ray Cyrus - Cover to Cover](#)

RIGHT TOE, AND HEEL TOUCHES AND CROSSES WITH TAPS

1 - 2 Touch right toe to left instep, touch right heel forward

3 - 4 Hook right foot across left tapping toe to the floor, touch right heel forward

5 - 6 Hook right foot across left tapping toe to floor, touch right heel forward

7 - 8 Touch right toe to left instep, step right beside left

LEFT TOE AND HEEL TOUCHES AND CROSSES WITH TAPS

9 - 10 Touch left toe to right instep, touch left heel forward

11 - 12 Hook left foot across right tapping toe to floor, touch left heel forward

13 - 14 Hook left foot across right tapping toe to floor, touch left heel forward

15 - 16 Touch left toe to right instep, step left beside right

RIGHT HEEL AND TOE SWIVELS, LEFT HEEL AND TOE SWIVELS

17 - 18 Twist right heel to right, twist right toe to right

19 - 20 Twist right heel to right, twist right toe to right

21 - 22 Twist left toe to right, twist left heel to right

23 - 24 Twist left toe to right, twist left heel to right

RIGHT AND LEFT KNEE POPS WITH HOLDS

25 - 28 Pop right knee forward, hold, Straighten right leg popping left knee forward, hold

29 - 30 Straighten left popping right forward, straighten right popping left forward

31 - 32 Straighten left popping right forward, straighten right popping left forward

RIGHT HEEL AND TOE, STEP 1/2 PIVOT LEFT, STEP 1/4 PIVOT LEFT

& 33 - 34 Take weight onto left in place, touch right heel forward, hold

35 - 38 Touch right toe back. hold, Step forward right, pivot half turn left

39 - 40 Step forward right, pivot quarter turn left

RIGHT HEEL AND TOE, STEP 1/2 PIVOT LEFT, STEP 1/4 PIVOT LEFT

41 - 44 Touch right heel forward, hold, Touch right toe back. hold

45 - 48 Step forward right, pivot 1/2 turn left, Step forward right, pivot 1/4 turn left

STEP RIGHT, BRUSH FWD, BACK, FWD, STEP LEFT AND BRUSH FWD, BACK, FWD

49 - 52 Step forward right, brush left forward, brush left back across right, brush left forward

53 - 56 Step forward left, brush right forward, brush right back across left, brush right forward

ROCK FWD, RECOVER, ROCK BACK, RECOVER, ROCK FWD, RECOVER, ROCK BACK, RECOVER

57 - 58 Rock forward on right, recover weight back onto left

59 - 60 Rock back on right, recover weight forward on left

61 - 62 Rock forward on right, recover weight back onto left

63 - 64 Rock back on right, recover weight forward onto left

REPEAT

/Slight change:(at least its not A,B,C) When you are facing the back for the 4th time, there is a break in the music that we need to fill to get back in the rhythm. Therefore when you get to the knee pops, instead of doing 4 quick ones, do 8 quick ones, then go back to the beginning of the dance. The dance will then end exactly with the music and your last step will be rock forward, back, forward, step together.