

NO SHAME

Dance script courtesy of [Gifts 4 All](#), the The online shopping and gift idea site

CHOREOGRAPHER: Shirley & Vic Morris (4-2006)

COUNT: 32 TYPE: Pattern Partner Circle Dance LEVEL: Beginner Intermediate

MUSIC: No Shame by [Jeff Bates](#) (CD Leave The Light On)

Starts in side by side sweetheart position

1-8 WALK FORWARD (x2), 1/4 TURN, LADYs 1/2 TURN

1-2 (Man) Walk forward Left, Right

(Lady) Walk Left, Right

3-4 (Man) Step Left 1/4 turn Right, Touch Right toe next to Left

(Lady) Step Left 1/4 turn Left, Touch Right toe next to Left

(man now facing outside line of dance)

(lady now facing inside line of dance)

5-7 (Man) Step in place Right, Left, Right

(Lady) Turning 1/2 Right step in place Right, Left, Right

8 (Man) Touch Left toe next to Right

(Lady) Touch Left toe next to Right

(lady now facing outside line of dance)

(ARM WORK)

(On count 3 man raises lady's right arm over lady's head, on counts 5-6-7-8 man raises

lady's Right arm over lady's head, and extend both arms out to sides)

1-8 VINE LEFT WITH LADYs FULL TURN LEFT, CROSS STEP, 1/4 TURN, STEP, HOOK

1-2 (Man) Step Left to Left, Cross step Right in front of Left

(Lady) Step Left 1/4 turn Left, Step Right forward turning 1/2 Left

3-4 (Man) Step Left to Left, Touch Right toe next to Left

(Lady) Step Left next to Right turning 1/4 Left, Touch Right toe next to Left

(man still facing outside line of dance)

(lady still facing outside line of dance)

(ARM WORK)

(On counts 1-2-3-4 man releases ladys left hand, raise right arm over ladys head, rejoin left hands at ladys shoulder)

5-6 (Both) Cross Right over Left, turning 1/4 Right step back on Left

7-8 (Both) Step Right back, Hook Left over Right

(both now facing rear line of dance)

1-8 SHUFFLE, 1/2 PIVOT, SHUFFLE, WALK (x2)

1&2 (Both) Shuffle forward Left, Right, Left

3-4 (Both) Step Right forward, Pivot 1/2 turn Left (weight on Left)

(both now facing line of dance)

5&6 (Both) Shuffle forward Right, Left, Right

7-8 Walk forward Left, Right

1-8 1/2 PIVOT, 1/2 PIVOT, CROSS, POINT, CROSS, POINT

1-2 (Both) Step Left forward, Pivot 1/2 turn Right (weight on Right)

3-4 (Both) Step Left forward, Pivot 1/2 turn Right (weight on Right)

5-6 (Both) Cross Left over Right, Touch Right to Right

7-8 (Both) Cross Right over Left, Touch Left to Left

(ARM WORK)

(on counts 1-2-3 Drop Left hands, Raise Right hands, Rejoin hands on count 4, you are now in Sweetheart Position)

START OVER & HAVE FUN