

## My Heart Skips a Beat

Choreographer: Carina Slijters

Description: 64 Count 2 Wall Easy Intermediate line Dance

Music, My Heart Skips a Beat by Dwight Yoakam (180bpm) 20 count intro

### Rumba Box

1 - 4 Step left to left side, step right beside left, step forward on left, hold

5 - 8 Step right to right side, step left beside right, step back on right, hold

### Toe Struts Back, Slow Coaster Step, Hold

1 - 4 Step left toe back drop left heel to floor, step right toe back, drop right heel to floor

5 - 8 Step back on left, step right beside left, step forward on left, hold

### Weave Right, Side Rock, Cross, Hold

1 - 4 Step right to right, cross left behind right, step right to right, cross left over right

5 - 8 Rock right to right side, recover onto left, cross right over left, hold

### Weave Left, Quarter Turn Left, Together, Step, Hold

1 - 4 Step left to left, cross right behind left, step left to left, cross right over left

5 - 8 1/4 turn left stepping forward on left, step right beside left, step forward on left, hold

### Charleston Steps, Slow Coaster Step, Hold

1 - 4 Touch right toe forward, hold, step back on right, hold

5 - 8 Step back on left, step right beside left, step forward on left, hold

### Charleston Steps, Shuffle Half Turn Left, Hold

1 - 4 Touch right toe forward, hold step back on right, hold

5 - 8 1/4 turn left stepping left to left side, step right beside left, 1/4 turn left stepping forward on left Hold

### Forward Rock, Side Rock, Behind, Side, Cross, Hold

1 - 4 Rock forward on right, recover onto left, rock right to right side, recover onto left

5 - 8 Cross right behind left, step left to left, cross right over left, hold

### Forward Rock, Side Rock, Behind, Quarter Turn Right, Stomp, Hold

1 - 4 Rock forward on left, Recover onto right, rock left to left side, recover onto right

5 - 8 Cross left behind right, quarter turn right stepping forward on right, stomp left beside right, Hold

### Start Again