

Irish Stew

Dance script courtesy of [Gifts 4 All](#), the [The online shopping and gift idea site](#)

Choreographed by:- Lois Lightfoot (UK) February 2005.

4 Wall Line Dance:- 32 Counts. Beginner Intermediate.

Music: [Irish Stew - Sham Rock: The Album](#) (125 bpm) by Sham Rock 32-count intro – start on vocals.

Music Suggestion:- 'Women Rule' (130 bpm) by Lonestar from 'Let's Be Us Again' CD; 'Days Go By' (130 bpm) by Keith Urban from 'Be Here' CD, both start on vocals.

Section 1 Side Switches, Clap Twice, Heel Switches Forward, Clap Twice.

1 & Touch right to right side. Step right beside left.

2 & Touch left to left side. Step left beside right.

3 & 4 Touch right to right side. Clap hands twice.

5 & Touch right heel forward. Step right beside left.

6 & Touch left heel forward. Step left beside right.

7 & 8 Touch right heel forward. Clap hands twice.

Section 2 Shuffle Forward, Rock Recover, Coaster Step, Pivot 1/2 Turn.

1 & 2 Step right forward. Step left beside right. Step right forward.

3 - 4 Rock left forward. Recover onto right.

5 & 6 Step left back. Step right beside left. Step left forward.

7 - 8 Step right forward. Pivot 1/2 turn left.

Section 3 Cross Rock, Right Chasse, Cross Rock, Left Chasse.

1 - 2 Cross rock right over left. Recover onto left.

3 & 4 Step right to right side. Step left beside right. Step right to right side.

5 - 6 Cross rock left over right. Recover onto right.

7 & 8 Step left to left side. Step right beside left. Step left to left side.

Section 4 Toe Touches, Sailor Step, Toe Touches, Sailor 1/4 Turn Left.

1 - 2 Touch right forward. Touch right to right side.

3 & 4 Cross right behind left. Step left to left side. Step right in place.

5 - 6 Touch left forward. Touch left to left side.

7 & 8 Cross left behind right turning 1/4 left.