

# Fly Like A Bird

Dance script courtesy of [Gifts 4 All](#), the The online shopping and gift idea site

Choreographed by Hedy McAdams

Description: 32 count, 2 wall, intermediate line dance

Music: [Fly Like a Bird - Some Change](#) by Boz Scaggs

## **ROCK LEFT SIDE, BACK, 1/4 TURN, HOLD**

1-2 Step to left side with left foot, Rock back onto right foot

3-4 Step 1/4 turn left with left foot, Hold position (face 9:00)

## **1/4 TURN, ROCK, 1/4 TURN, HOLD**

5 Pivot 1/4 turn left on ball of left foot, stepping fwd with right(face 6:00)

6 Rock back onto left foot

7 - 8 Step 1/4 turn right with right foot (face 9:00), Hold position

## **1/4 TURN, ROCK, 1/4 TURN, HOLD**

9 - 10 Step 1/4 turn right with left foot (face 12:00), Rock back onto right foot

11-12 Step 1/4 turn left with left foot (face 9:00), Hold position

## **KICK BALL TURN, KICK BALL CHANGE**

13& 14 Kick right foot forward, Step in place with ball of right foot, lifting left foot slightly Step 1/4 turn left with left foot (face 6:00)

15 & 16 Kick right foot forward, Step in place with ball of right foot, lifting left foot slightly Step in place with left foot

## **CROSS, TURN, CROSS & CROSS**

17 Touch right toe across in front of left leg

18 Pivot 1/2 turn left on ball of left foot, transfer weight to right (face 12:00)

19 & 20 Step across in front of right leg with left foot, Step slightly to right side with right foot, Step across in front of right leg with left foot

## **1/4 TURN SHUFFLE, 1/4 TURN, 1/2 TURN**

21& 22 Step 1/4 turn right with right foot (face 3:00), Slide left foot next to right foot  
Step forward with right foot

23 Pivot 1/4 turn right on ball of right, stepping to left side with left (face 6:00)

24 Pivot 1/2 turn on ball of left foot, stepping forward with right(face 12:00)

**CROSS, POINT, CROSS, 1/2 TURN**

25 Step across in front of right leg with left foot, bending knees

26 Point right toe to right side, straighten knees

27 Touch right toe across in front of left leg

28 Pivot 1/2 turn left on ball of left foot, transfer weight to right (face 6:00)

**CROSS & CROSS, BIG STEP, SLIDE LIFT**

29 & 30 Step across in front of right leg with left foot, Step slightly to right side with right foot Step across in front of right leg with left foot

31 - 32 Big slide/step to right side with right foot, Slide left toe next to right foot

& Lift left toe and blend into step 1