**Back In The Swing**

Description: Partner circle dance, 32 counts.

Music: Back In The Swing Of Things  Cody Widner  BPM: 178  CD: Honky Tonk Heart

Position: Country Western Closed. Partners face, with toes pointed towards each other. The man holds the lady's right hand in his left (shoulder height). His right hand or wrist rests on lady's left shoulder. The lady's left hand rests on the man's upper right arm. Man facing LOD.

| Man's Steps | Ladies Steps |
|---|---|
| **Rumba box** | **Rumba box** |
| 1 Side step right | 1 Side step left |
| 2 Step left beside right | 2 Step right beside left |
| 3 Step right forward | 3 Step left back |
| 4 Hold | 4 Hold |
| 5 Side step left | 5 Side step right |
| 6 Step right beside left | 6 Step left beside right |
| 7 Step left back | 7 Step right forward |
| 8 Hold | 8 Hold |
| **Grapevines** | **Grapevines** |
| 9 Side step right | 9 Side step left |
| 10 Step left behind right | 10 Step right behind left |
| 11 Side step right | 11 Side step left |
| 12 Hold | 12 Hold |
| 13 Side step left | 13 Side step right |
| 14 Step right behind left | 14 Step left behind right |
| 15 Step left back | 15 Step right back |
| 16 Step right cross over left | 16 Step left cross Over right |
| **Two Step** | **Two Step** |
| 17 Step left forward | 17 Step right back |
| 18 Hold | 18 Hold |
| 19 Step right forward | 19 Step left forward |
| 20 Hold | 20 Hold |
| 21 Step left forward | 21 Step right back |
| 22 Step right forward | 22 Step left back |
| 23 Step left forward | 23 Step right back |
| 24 Hold | 24 Hold |
| **Rock step, step, hold, slow coaster step, hold** | **Rock step, step, hold, slow coaster step, hold** |
| 25 Step right forward | 25 Step left back |
| 26 Step left in place (recover) | 26 Step right in place (recover) |
| 27 Step right back | 27 Step left forward |
| 28 Hold | 28 Hold |
| 29 Step left back | 29 Step right forward |
| 30 Step right beside left | 30 Step left beside right |
| 31 Step left forward | 31 Step right back |
| 32 Hold | 32 Hold |