

## **ADAMS ALE**

CHOREOGRAPHER: Rob Fowler

TYPE: 4 Wall Line Dance LEVEL: Intermediate COUNT: 64

MUSIC: Something In The Water by The Cheap Seats, bpm 112

1 Touch Right heel forward  
& Bring Right back in place

2 Touch Left heel forward  
& Bring Left back in place

3 Touch Right heel forward  
& Clap hands

4 Clap hands  
& Bring Right back in place

5 Touch Left heel forward  
& Bring Left back in place

6 Touch Right heel forward  
& Bring Right back in place

7 Touch Left heel forward  
& Clap hands

8 Clap hands  
& Bring Left foot together weight on it

9 & 10 Right Kick-ball-Change

11 Kick Right foot forward

12 Touch Right toe back

13 Pivot a 1/4 turn Right (pushing hips to Right)

14 Push hips Left

15 Push hips Right

& Push hips Left

16 Push hips Right

17 Step Left foot out making a 1/4 turn to the Right.  
(Now facing back wall)

18 Cross Right foot behind left

19 Step Left foot to side making a 1/4 turn Left

& Step Right foot forward

20 Step Left foot forward

21 Kick Right foot forward

& Bring ball of Right foot back in place and release weight off  
Left foot

22 Step back on Left foot

& Bring ball of Right foot back in place and release weight off  
Left foot

23 Step back on Left foot

& Bring ball of Right foot back in place and release weight off  
Left foot

24 Touch Left foot next to Right

25 Step forward on Left foot

26 Pivot 1/2 a turn to the Right  
27 Step forward on Left foot  
28 Pivot 1/2 a turn to the Right  
& Step back onto Left foot  
29 Step forward onto Right foot  
30 Look over Left shoulder  
31 Tap heels down in place  
& Make 1/8 turn left and tap heels  
32 Make 1/8 turn Left and tap heels

33 Hitch Right knee in front of Left  
& Step Right foot to Right side  
34 Bring Left foot next to Right foot  
35 Hitch Right knee in front of Left  
& Step Right foot to Right side  
36 Bring Left foot next to Right foot  
37 Step forward on Right foot  
38 Pivot 1/2 a turn to the Left  
39 Step back on Right foot making a 1/2 pivot to the Left  
& Bring Left foot next to Right foot  
40 Bring Right foot together

41 Hitch Left knee in front of Right  
& Step Left foot to Left side  
42 Bring Right foot next to Left foot  
43 Hitch Left knee in front of Right  
& Step Left foot to Left side  
44 Bring Right foot next to Left  
45 Step forward on left foot  
46 Pivot 1/2 a turn to the Right  
47 Step back on Left foot making a 1/2 pivot to the Right  
& Bring Right foot next to Left foot  
48 Bring Left foot together

49 Rock forward onto Right foot  
& Rock back onto Left foot  
50 Step Back onto Right foot  
& Rock forward onto Left foot  
51 Make 1/4 turn Left with feet together  
& Swivel heels to the Right  
52 Bring heels to centre  
53 Swivel heels to the Left  
54 Swivel toes to the Left  
55 Swivel heel to the Left  
& Swivel toes to the Left  
56 Swivel heels to the Left

57 Touch Left toe out to Left side  
& Bring Left foot back in place

58 Touch Right toe out to Right side  
& Bring Right foot back together  
59 Touch Left heel forward making a 1/2 turn Left  
& Bring Left foot back in place  
60 Touch Right foot back  
61 Make 1/8 turn Left touching Right toe to Right side  
& Hitch Right knee  
62 Make 1/8 turn Left touching Right toe to Right side  
& Hitch Right knee  
63 Make 1/8 turn Left touching Right toe to Right side  
& Hitch Right knee  
64 Make 1/8 turn Left touching Right toe to Right side  
& Hitch Right knee

Start again