

# Chains Of This Town

Choreographed by: DJ Dan & Wynette Miller (July 2008) [djdan\\_miller@hotmail.com](mailto:djdan_miller@hotmail.com)

**Dance description:** Partner dance, intermediate, 64 counts.

Closed Western, man facing OLOD, lady ILOD. **LADY** steps listed.

Opposite footwork and turns unless stated.

## **Music:**

Chains Of This Town by BR5-49. CD: BR5-49. 32 count intro. 143 bpm.

Veronica by Barbados. CD: Rosalita. 16 count intro. 161 bpm.

If You Want A Mother by Gretchen Wilson. CD: One Of The Boys. 32 count intro. 184 bpm.

<http://www.youtube.com/watch?v=yiUSb7RNmJE>

## **RUMBA BOX**

1-4 Step Left to left side. Step Right next to Left. Step Left forward. HOLD.

Count 3 Man step Right back.

5-8 Step Right to right side. Step Left next to Right. Step Right back. HOLD.

Count 7 Man step Left forward.

## **MAMBO BACK, HOLD; SIDE, TOGETHER, 1/4 TURN, HOLD**

1-4 Rock Left back. Recover onto Right. Step Left next to Right. HOLD.

Count 1 Man rock Right forward.

5-8 Step Right to right side. Step Left next to Right. Make 1/4 turn right step Right forward. HOLD.

**Let go hands, both facing LOD.**

## **FULL FORWARD TURN. HOLD; MAMBO FORWARD, HOLD**

1-2 Make 1/2 turn right step Left back. Make 1/2 turn right step Right forward.

3-4 Step Left forward. HOLD.

**Man right hand picks up lady left hand. Right open promenade, both facing LOD.**

5-8 Rock Right forward. Recover onto Left. Step Right back.

**Option 1-4 Left lock step forward. Man Right lock step forward.**

## **MAMBO BACK, HOLD; SIDE MAMBO, HOLD**

1-4 Rock Left back. Recover onto Right. Step Left forward. HOLD.

5-8 Rock Right to right side. Recover onto Left. Step Right next to Left. HOLD.

## **(CHANGE SIDES) SIDE, TOGETHER, SIDE, TOUCH. X2**

**Man passing behind lady, change hands during the side steps into Left open promenade.**

1-2 Step Left to left side. Step Right next to Left.

3-4 Step Left to left side. Touch Right next to Left.

**Man passing behind lady, change hands during the side steps into Right open promenade.**

5-6 Step Right to right side. Step Left next to Right.

7-8 Step Right to right side. Touch Left next to Right.

## **MAMBO BACK, HOLD; LOCK STEP FORWARD, HOLD;**

1-4 Rock Left back. Recover onto Right. Step Left forward. HOLD.

5-8 Step Right forward. Lock Left behind Right. Step Right forward. HOLD.

## **LOCK STEP FORWARD, HOLD; MAMBO 1/2 TURN, HOLD**

1-4 Step Left forward. Lock Right behind Left. Step Left forward. HOLD.

**Count 3 Man right hand let go lady left hand.**

5-8 Rock Right forward. Recover onto Left. Make 1/2 turn right step Right forward. HOLD.

**Man left hand picks up lady right hand. Left open promenade, both facing RLOD.**

## **SIDE MAMBO, X2**

1-4 Make 1/4 turn right Rock Left to left side. Recover onto Right. Step Left next to Right. HOLD.

**Count 2 Closed Western, start position.**

5-8 Rock Right to right side. Recover onto Left. Step Right next to Left. HOLD.

**Happy dancing**